

Floralicious Table Runner

Created by Kaysie Oldani

BERNINA 830

Brighten up your décor with this cheery table runner featuring the Benartex Floralicious Fabric Collection. Embellished ribbons are easy to stitch flat using the BERNINA 8 Series machines' Dual Feed feature.

See Issue 5 of [Through the Needle Online](#) for instructions for the complementary placemat & napkins.

Supplies

Sewing Machine & Accessories

- BERNINA 8 Series Sewing Machine
- Edgestitch Foot #10/10C/10D
- Reverse Pattern Foot #1D

Fabrics & Notions

- Benartex Floralicious Fabric Collection - 2 coordinating prints of choice
 - ◊ 2 yards Leaf Vine—Green Multi
 - ◊ 1 yard Squiggle—Pink
- 17¼" x 70" rectangle of batting
- 4"-wide roll of OESD AquaFilm Backing
- Contrasting Isacord embroidery thread
- Matching Mettler Metrosene thread
- 3½ yards ¾"-wide grosgrain ribbon
- 5¾ yards ⅞"-wide grosgrain ribbon



- ¼"-wide basting tape
- ⅜"-wide basting tape
- Rotary cutting supplies
- "Cut for the Cure" 7" x 14" ruler
- Marking pencil

Cut the Fabric

- Make sure fabrics are on-grain: Align the crosswise and lengthwise grainlines and use the 7" x 14" ruler to cut a straight line across the fabric width.
- Cut a 17¼" x 70" rectangle from the batting; cut two 17¼" x 70" rectangles from the Leaf Vine—Green Multi fabric.
- Layer the fabrics to make a "quilt sandwich": the batting between the two Leaf Vine—Green Multi rectangles, which are both right side out.





- Cut points at each end of the runner:
 - ◊ Mark the center of each short end.
 - ◊ Measure 9" from the short end on each side.
 - ◊ Cut from the 9" marks to the center of each end.



- Baste the layers together ¼" from the edges.

Tip: Use the Dual Feed feature of the 8 Series machines when stitching the layers together to prevent them from slipping.

Prepare the Grosgrain Ribbon

- ♦ Cut the AquaFilm into several 2" wide strips.
- ♦ Select 8 Series floral stitch #708. Thread the machine with Isacord in the needle and bobbin. Thread the bobbin for embroidery. 
- ♦ Attach Reverse Motion Foot #1D to the machine and engage BERNINA Dual Feed.
- ♦ Place two layers of AquaFilm under the 7/8"-wide grosgrain ribbon. Stitch along the center of the ribbon. 
- ♦ Gently tear away the AquaFilm from the back of the ribbon, then iron the ribbon to flatten it.
- ♦ Adhere 3/8"-wide basting tape along the length of the embellished ribbon.

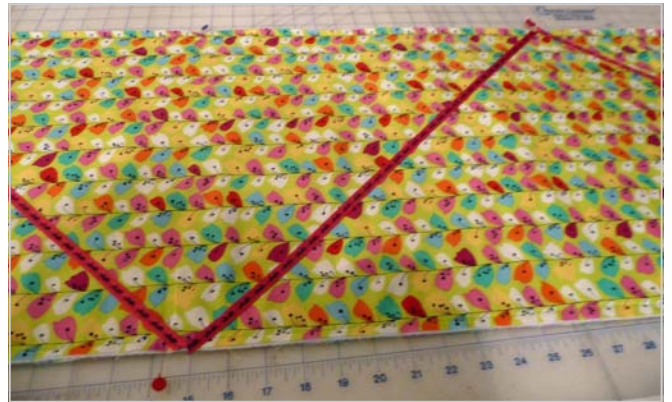



- ♦ With stitch #708 still selected, adjust the stitch width to 4mm.
- ♦ Place two layers of AquaFilm under the 3/8"-wide grosgrain ribbon and stitch down the center of it.
- ♦ Remove the AquaFilm and press the ribbon.
- ♦ Place 1/4"-wide basting tape along the length of the ribbon.



Attach the 3/8"-Wide Ribbon

- ♦ Mark the center of the runner with a pin.
- ♦ Fold each end to the center; mark the folds. These are the 1/4 points.
- ♦ Starting at the corner of one end of the runner, place the 3/8"-wide ribbon across the runner at an angle, ending at the 1/4 mark on the other side.
- ♦ Place a second piece of 3/8"-wide ribbon from the 1/4 mark to the center of the opposite side.

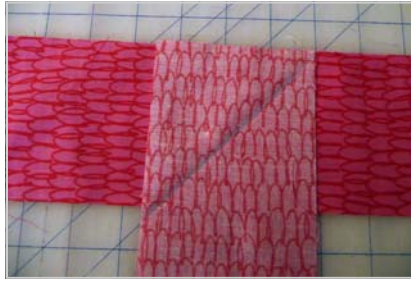


- ♦ Place a third piece of 3/8"-wide ribbon from the center to the 1/4 mark of the opposite side.
- ♦ Place a final piece of 3/8"-wide ribbon from the 1/4 mark to the corner of the opposite side.
- ♦ Thread the machine with matching thread in the needle and bobbin. Thread the bobbin for regular sewing.
- ♦ Select straight stitch #1 and increase the stitch length to 3.5mm.
- ♦ Attach Edgestitch Foot #10D to the machine and engage BERNINA Dual Feed. 
- ♦ Stitch along each side of the ribbon, adjusting the needle position to the left or right as needed.

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Construct the Contrast Bands

- ◆ Cut seven 3½"-wide bands of contrast fabric. Seam lengths together along the bias to create a 6½-yard strip.



- ◆ With right sides together, pin the bands to the back of the table runner.



- ◆ Attach Reverse Pattern Foot #1D to the machine. Return the straight stitch to the default settings (length = 2mm, needle position = center).

- ◆ Seam the bands to the runner using a ⅝" seam allowance and pivoting at the corners and points.



- ◆ Press the seam allowances toward the band.

- ◆ Adhere ¾"-wide basting tape along the unfinished edges of the contrast band.



- ◆ Fold the band to the front of the runner, folding at the corners and points to create miters. Press and pin the miters in place.



Attach the ⅞"-Wide Ribbon

- ◆ Starting on one side of the runner, place the ribbon over the raw edge of the contrast band, 1½" from the outer edge of the band. Miter the corners of the ribbon at the corners and points.

- ◆ Thread the machine with matching thread in the needle and bobbin. Thread the bobbin for regular sewing.

- ◆ Select straight stitch #1 and increase the stitch length to 3.5mm.

- ◆ Attach Edgestitch Foot #10D to the machine and engage BERNINA Dual Feed.

- ◆ Stitch along each side of the ribbon, adjusting the needle position to the left or right as needed.

