

# BERNINA<sup>+</sup>

## Winter Holiday Towels

Created by Nina McVeigh

BERNINA 820



Make plain towels into holiday favorites by adding a fabric band. Choose an all-over print as shown on the left, or use a border print as shown on the right. The fabrics shown are from the Benartex “Winter Parade” Collection: Warm Mittens (Royal) at left, Winter Parade On Ice (Multi) at right.

### Supplies

- ◆ BERNINA 820 Sewing Machine
- ◆ 2 hand towels
- ◆ 2 fat quarters of holiday print fabric
- ◆ 50-weight cotton thread
- ◆ Universal needle, size 80/12
- ◆ Fabric marker:
  - ◇ chalk for dark fabrics
  - ◇ water-soluble for light fabrics
- ◆ Rotary cutter and mat
- ◆ Nifty Notions “Cut for the Cure” 7” x 24” ruler
- ◆ Small scissors
- ◆ Iron and pressing surface
- ◆ Dual Feed Patchwork Foot #37D
- ◆ Dual Feed Open Embroidery Foot #20D



*Bonus Technique:*  
Stitch Recipe embellishment for the towel band. Featured fabric is Snowflake (Royal) from the “Winter Parade” Collection by Benartex. For supplies needed, see page 3.

## Towel Band

- ◆ Determine the desired width of the fabric band. The towels shown here have a 6"-wide band, which was determined by the width of the border print.
- ◆ Double the desired band width, and then add 1". For the sample this was  $2 \times 6" = 12"$ , plus  $1" = 13"$ .
- ◆ Rotary cut a piece of fabric 13" wide by 18". Make sure the fabric is approximately 1" to 2" wider than the hand towel.
- ◆ Draw a line across the towel  $\frac{1}{4}"$  less than the band width. For the sample this was  $6" \text{ minus } \frac{1}{4}" = 5 \frac{3}{4}"$ .

- ◆ Center the half of the fabric rectangle (the part you want to show), face down, so that the raw edge is on the drawn line.



- ◆ Insert the Universal needle into the BERNINA 820. Thread the sewing machine with cotton thread in the needle and bobbin.

- ◆ Attach Dual Feed Patchwork Foot #37D to the machine and engage the Dual Feed. With the edge of the foot even with the edge of the fabric, sew the fabric band to the towel.



- ◆ Fold the band of fabric up so that the right sides are together and the lower folded edge is even with the lower edge of the towel. Fold down the other raw edge so that it is even with—or slightly higher than—the seam.



- ◆ Pin the ends in place and turn them to the back side of the towel. You can now see where to stitch the ends of the band.



- ◆ Stitch the ends of the band.

- ◆ Trim the excess fabric  $\frac{1}{2}"$  from the towel end. Turn the band right side out. Press. Pin the top edge of the band in place, pinning from the right side, taking care to catch the top edge of the band on the back side.



- ◆ Attach Dual Feed Open Embroidery Foot #10D to the BERNINA 820 and engage the Dual Feed feature. Select Running stitch #4. Change the stitch width to 3.5mm and the stitch length to 0.9mm. Move the needle position to the far left.

- ◆ Position the fabric band under the presser foot, right side up, with the seam edge just inside the right toe of the foot. Sew, removing the pins just before they are about to move under the presser foot.



- ◆ Trim the thread ends and the towel is done!





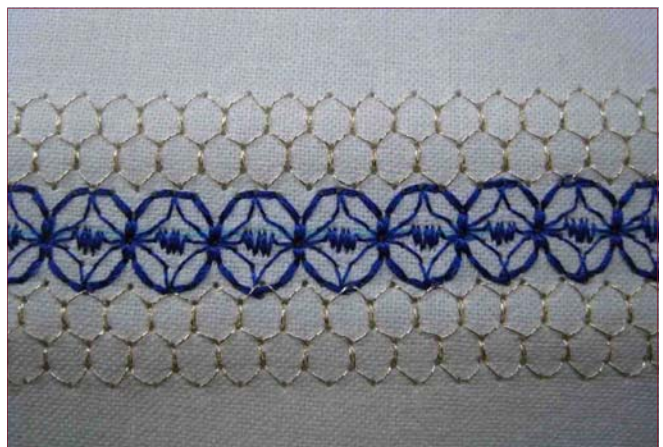
## Stitch Recipe Border Variation

- ◆ Cut an 18" length from the white fabric. Spray with Sew Stable until the fabric is saturated; let dry. For stiffer fabric, spray again. When dry or almost dry, press the fabric.
- ◆ Trim the fabric strip to 4" wide. Mark a line down the lengthwise center of the strip. Also mark a line about 1/2" from the end to indicate the starting point for the rows of stitching.
- ◆ Place a length of OESD HeavyWeight Cut-Away Stabilizer under the fabric strip.
- ◆ Attach Dual Feed Open Embroidery Foot #20D to the BERNINA 820. Thread the needle with Isacord thread (color #3544 was used in the sample) and OESD Bobbin Thread in the bobbin, threading the extra tension guide.
- ◆ Select stitch #606. Stitch along the marked center line, beginning at the marked starting line.
- ◆ Remove the upper thread. Rethread the needle with Yenmet Metallic thread.
- ◆ Select stitch #653. Move the needle position to the far left. Begin stitching at the same marked starting line as for the first row. Sew; this second line of stitches should slightly overlap the previous stitching as shown in the photo.



## Supplies

- ◆ BERNINA 820
  - ◆ 1 hand towels
  - ◆ 1/8 yard of white fabric
  - ◆ 1 fat quarter of holiday print fabric
  - ◆ Sew Stable spray fabric stabilizer
  - ◆ OESD HeavyWeight Cut-Away Stabilizer
  - ◆ Universal needle, size 80/12
  - ◆ Embroidery needle, size 90/14
  - ◆ 50-weight cotton thread
  - ◆ Isacord Embroidery Thread in desired colors
  - ◆ Yenmet Fine Metallic Thread in desired color
  - ◆ OESD Bobbin Thread,
  - ◆ Fabric marker:
    - ◇ chalk for dark fabrics
    - ◇ water-soluble for light fabrics
  - ◆ Rotary cutter and mat
  - ◆ Nifty Notions "Cut for the Cure" 7" x 24" ruler
  - ◆ Small scissors
  - ◆ Iron and pressing surface
  - ◆ Dual Feed Patchwork Foot #37D
  - ◆ Dual Feed Open Embroidery Foot #20D
  - ◆ Dual Feed Edgestitch Foot #10D
- ◆ Repeat on the other side of the center row, mirror -imaging the stitch and beginning at the marked starting line.

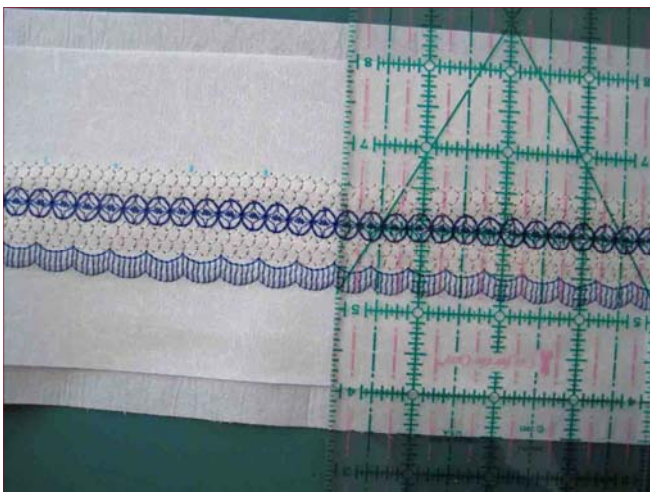


- ◆ Remove the metallic thread from the machine. Rethread the needle with Isacord thread (color #3620 was used in the sample).



- ◆ Select stitch #746. Sew just to the right of the stitching as shown in the photo, beginning at the marked starting line.

- ◆ When finished, place a mark at the end of every second pattern on the opposite side.



- ◆ Select Pattern Repeat 1-9X twice; the indicator will show 2/2. Select the Right/Left Mirror Image function. Sew on the other side of the center row, beginning at the marked line. The machine will automatically stop at the end of the second pattern. Check to make sure that the second pattern ends directly across from the end of the second pattern on the opposite side. If not, “fudge” the stitching a bit to make it match.



- ◆ When all rows are sewn, fold back the fabric edge and trim away the excess stabilizer 1/2” from both sides of the stitching.



- ◆ Fold the raw edge of the fabric over the cut edge of the stabilizer. Press.



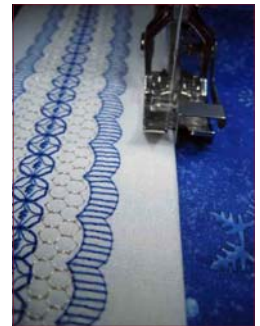
- ◆ If making a 6” band, as for the Winter Holiday Towels, cut the holiday print fabric into a 13” x 18” rectangle. Fold in half and press. Mark a line 3” from the fold line.

- ◆ Determine the width of the finished band—6” for the sample shown—and divide this number by 2. Mark a line this measurement from the previously drawn line.

- ◆ Place the folded edge of the stitched band on the second line drawn.

- ◆ Thread the BERNINA 820 with Isacord to match the holiday fabric.

- ◆ Attach Dual Feed Edgestitch Foot #10 to the machine. Select Straight stitch #1. Move the needle two positions to the left.



- ◆ Place the stitched band to the left of the center guide and stitch it to the band.

- ◆ Turn the fabric around and stitch the other side.

- ◆ The fabric band is complete and ready to attach to the towel following the instructions for the Winter Holiday Towels.

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