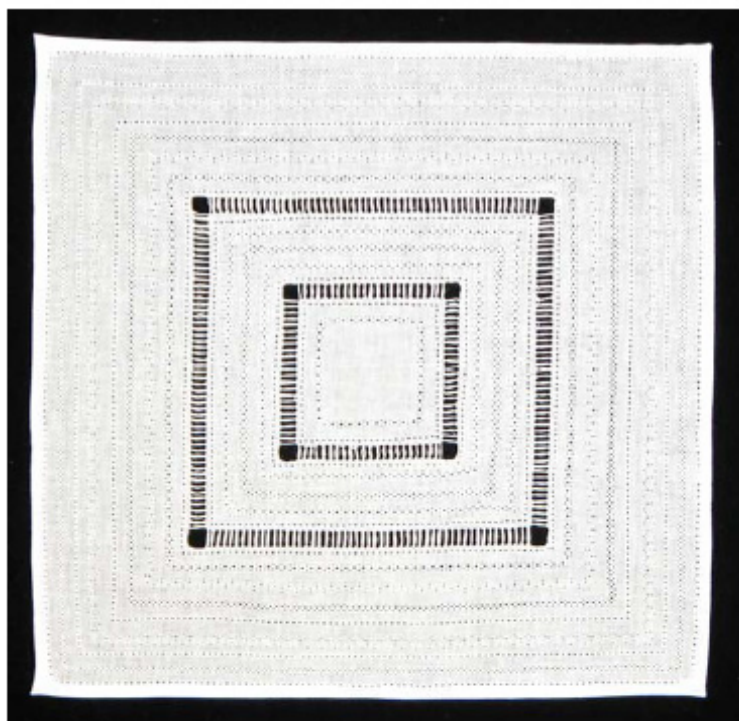


# BERNINA<sup>+</sup>

## Fancywork Handkerchief



by Louise Baird

*The first handkerchief I made was for my new daughter-in-law, which I gave to her at the rehearsal dinner. I wanted to make something special for her to carry that was one-of-a-kind and made for her by me.*

*Louise Baird is a frequent guest on "Martha's Sewing Room", recently retired as Executive Director of the Martha Pullen School of Art Fashion, and is co-author of Elegant Designs in Sulky.*

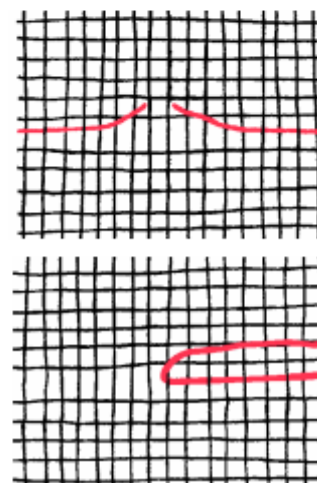
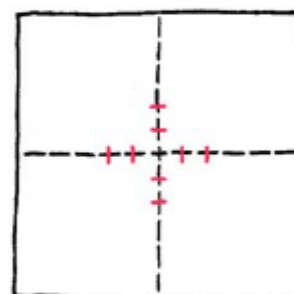
*One of her pieces is on permanent display at the BERNINA office in Steckborn, Switzerland.*

### Supplies

- ◆ 18" x 18" square of linen
- ◆ 60 or 80 weight fine cotton thread
- ◆ Edgestitch Foot #10 and/or #10C
- ◆ Open Embroidery Foot #20 and/or #20C
- ◆ #110/18 Wing needle
- ◆ #70/10 and #110/18 Universal needles
- ◆ Nifty Notions "Cut for the Cure" ruler, 7" x 14"
- ◆ Water-soluble marker (test before using to make sure marks will disappear)
- ◆ Spray starch
- ◆ Pressing board
- ◆ Seam ripper
- ◆ Stiletto

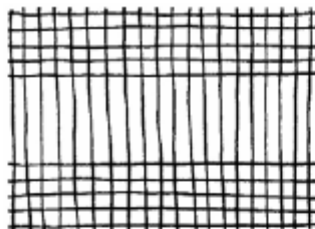
### Drawn Threadwork

1. Lightly spray starch and press the linen.
2. Fold in half and finger press to mark vertical and horizontal centers.
3. Using water-soluble marker, mark 1½" and 3" from the center on vertical and horizontal centerlines.
4. Using a seam ripper, carefully pull up one thread at each mark and cut through the thread.
5. Using a seam ripper, stiletto, or needle, carefully extract this thread, from the center to the diagonal of the square (only extract threads until they meet!). Finger press the tail toward the outer edge of the square.



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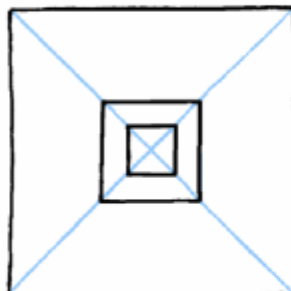
6. At the center marks, cut through enough threads to pull or draw out a ¼" area.



7. Repeat steps 5 and 6 for each thread.

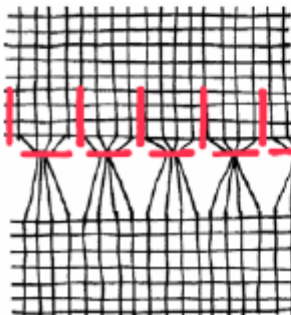
8. Place the linen square on a pressing board, matching marked linen center to the center of the board.

9. Draw diagonal lines across the linen square using the "open" corners as guides.



10. Spray starch and press square two to three times. The fabric should not be too stiff at this time and no stabilizer will be needed.

11. Thread the machine with lightweight cotton thread in the needle and bobbin, insert a #70/10 Universal needle, attach Edgestitch Foot #10/10C, and select a pinstitch or picot stitch (see chart below for stitch numbers and settings).



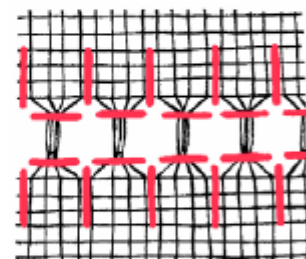
12. Sew along one edge of the drawn thread area so that the straight part of the stitch is just within the drawn threads and the "fingers" catch the fabric.

The back and forth motion of the stitch will bundle the threads together and the "fingers" will anchor the bundles to the fabric. At corners, change to a "lightning" stitch to stitch over the folded threads, then switch back to the previous stitch to continue bundling threads. *TIP: Use the Personal Program feature of the **artista** sewing system to save stitches and settings for this project.*

13. Trim the drawn threads close to the stitching without cutting the stitching or the bundled threads.

14. Repeat steps 12 and 13 for remaining drawn thread areas. Note that only one side is stitched at this time.

15. Attach Open Embroidery Foot #20/20C. Change stitches or select the Mirror Image function to reverse the direction of the stitch "fingers". Adjust foot placement and stitch width so that when stitching the straight part of the stitch the needle will go into the drawn thread area near edge already bundled, but *between* bundles with the fingers pointing to the opposite side.



16. Stitch very slowly (reduce Motor Speed if this function is available) and use a stiletto to help guide the fabric if necessary. Engage the Single Stitch function if desired; I find it unnecessary as the machine is so easy to control with my foot, taking one stitch at a time.

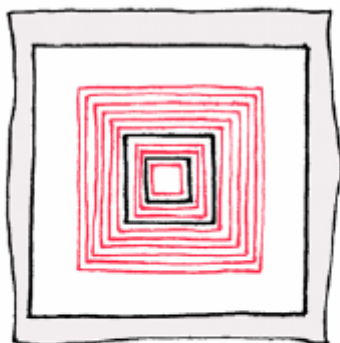
## Drawn Threadwork Stitches

Stitch & Settings	<i>activa</i> 220/230/240	<i>aurora</i> 430/440	<i>artista</i>
Pinstitch / Picot Stitch SW = 2mm, SL = 3.5mm	#28/34/41	#50/45	#720 or #754
"Lightning" (Super Stretch) Stitch SW = 3.5mm, SL = 2.6mm	#9	#9	#11

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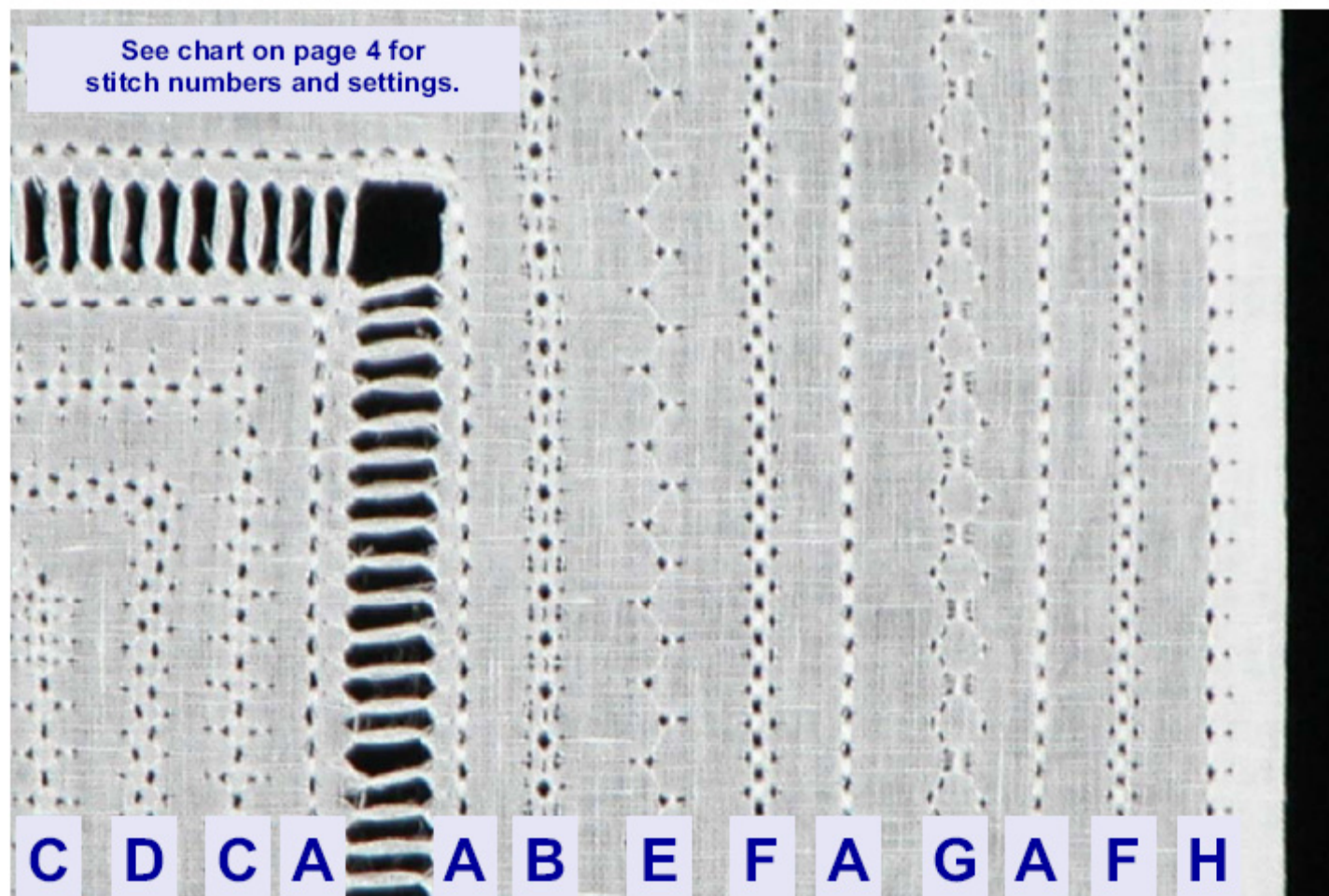
## Fancy Needlework

1. Place a layer of Aqua Mesh stabilizer on the wrong side of the linen square.
2. The remaining stitches are done in no specific order, so I have listed them below with settings and needles used (see chart on page 4).
3. Complete stitching so that the stitched square is at least 12" or larger.
4. When all stitching is complete, soak square in water and rinse well to remove all of the water-soluble stabilizer and markings. Roll in a towel



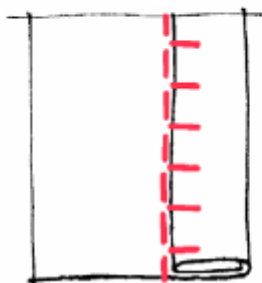
to remove the excess water and place right side down on a padded surface. Iron until the fabric is almost dry.

5. Square stitched linen square on the pressing board, matching center of square to center of board. Spray starch several times and press until fabric is dry.
6. Measure  $\frac{1}{2}$ " from the last line of stitches on each edge of the square; mark using ruler and water-soluble marker.
7. Measure and mark  $\frac{1}{4}$ " from the line drawn in step 5. Repeat one more time for a total of three lines spaces  $\frac{1}{4}$ " apart.
8. Cut on the outermost line.
9. Fold  $\frac{1}{4}$ " to the first line, then fold another  $\frac{1}{4}$ ". Miter the corners.



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10. Attach the uncoded (5.5mm) Edgestitch Foot #10 or uncoded (5.5mm) Open Embroidery Foot #20 to the machine and insert a #110/18 Universal needle. Select a pinstitch (see chart on page 2) and adjust SW = 2mm and SL = 3.5mm. Place a layer of lightweight tear-away stabilizer under the fabric.
11. Place fabric under presser foot and stitch so that the straight part of the stitch is on a single layer of fabric and the "fingers" go into the folded hem.
12. When stitching is complete, rinse to remove the markings, then roll in a towel to remove excess water. Place on a padded surface and iron dry, squaring as needed.



## Fancywork Stitches

Stitch & Settings	<i>activa</i> 220/230/240	<i>aurora</i> 430/440	<i>artista</i>
<b>A:</b> smocking chain stitch* SW = 0mm, SL = 3mm, #110/18 Wing needle	#na/na/86	#128/157	#713
<b>B:</b> star stitch SW = 3.5mm, SL = 2.6mm, #110/18 Wing needle	#na/64/84	#126/155	#711
<b>C:</b> decorative stitch SW = 6mm, SL = 3mm, #110/18 Wing needle	#44/66/90	#135/164	#723
<b>D:</b> honeycomb stitch SW = 4mm, SL = 2mm, #110/18 Wing needle	#19/22/22	#23/25	#8
<b>E:</b> decorative stitch SW = 9mm, SL 3.5mm, #110/18 Wing needle	#na/na/na	#na/na	#725
<b>F:</b> entredeux stitch SW = 2.5mm, SL 3.0mm, #110/18 Wing needle	#41/59/76	#118/147	#701
<b>G:</b> cross stitch SW = 5.0mm, SL	#24/30/37	#45/33	#302
<b>H:</b> hemstitch** SW = 2.0mm, SL 3.5mm, #110/18 Universal needle	#na/na/na	#132/161	#754

\* **activa** 220—substitute triple straight stitch #6, SW = 0, SL = 3mm

\*\* **activa** 220/230/240—substitute blanket stitch #28/34/41, engage Mirror Image function